

**Year 1**

<b><u>Topic 1 Feelings and Special People</u></b>	<b><u>Key Vocabulary</u></b>
1.1.1 Feelings	expression, feelings, emotion, relaxed, slumped, clenched, confused, happy, sad, excited, scared, worried, anxious, tired, angry
1.1.2 Emotions and Behaviour	expression, feelings, emotion, relaxed, slumped, clenched, confused, happy, sad, excited, scared, worried, anxious, tired, angry
1.1.3 I am special	special, unique, interesting, treasured, favourite, different
1.1.4 Special people	special, unique, thankful, love, family, friends, comfort, secure, happy, trusted
<b><u>Topic 2 Staying Safe</u></b>	<b><u>Key Vocabulary</u></b>
1.2.1 Staying safe in my school	safe, safety, rules, protect, protection
1.2.2 Staying safe outside	safe, safety, risks, consequences, protect, protection
1.2.3 Staying safe at home	medicines, tablets, drugs, safe, safety, risks, consequences, doctor, pharmacist, harmful
1.2.4 Keeping myself safe	trust, trusted adult, uncomfortable, worried, unsafe
<b><u>Topic 3 Healthy Me</u></b>	<b><u>Key Vocabulary</u></b>
1.3.1 Keeping fit is fun!	exercise, heart, heartbeat, pump, veins
1.3.2 Sweets!	teeth, tooth decay, cavities, dentist, fillings
1.3.3 How can being online be unhealthy?	online, physical health, mental health, evidence, trusted adult
1.3.4 Keeping safe in the sun	heat exhaustion, heatstroke, sunburn, T-shirt, hat, sunscreen, sunglasses, shade, water
<b><u>Topic 4 All Around Us</u></b>	<b><u>Key Vocabulary</u></b>
1.4.1 Our beautiful world	decay, biodegradable, consequences, man-made, natural, biodiversity
1.4.2 Reducing for the planet	reduce, reuse, recycle, waste, rubbish, decay, biodegradable, man-made, natural
1.4.3 New from old!	reuse, disposable, dispose, waste, rubbish
1.4.4 We make a difference!	recycle, raw materials, fertilisers, melt, liquid, waste, rubbish, decay, refuse collector
<b><u>Topic 5 Money Matters</u></b>	<b><u>Key Vocabulary</u></b>
1.5.1 Where does my money come from?	coins, copper, silver, notes, fake money, criminals, present, jobs, chores, pocket money, earn, strangers
1.5.2 How can I keep my money safe?	safe, money, pocket, piggy banks, money jars, bank, building society
1.5.3 Where do adults get their money?	jobs, adults, work, money, voluntary work, charities, income support
1.5.4 What job would I like when I grow up?	Jobs: as featured in the PowerPoint

**Year 2**

<b><u>Topic 1 Different Types of Families</u></b>	<b><u>Key Vocabulary</u></b>
2.1.1 What is a family?	mum, dad, brother, sister, auntie, uncle, sibling, carer, guardian, grandparent, cousin, step-parent and sister/brother, half-sister/brother
2.1.2 Families are different and the same	family, diverse, difference, similarities, love, caring, illustrations
2.1.3 How do you spend time with your family?	fun, quality time, share, enjoy, favourite, hobbies, activities
2.1.4 Weddings and marriage	wedding, marriage, love, commitment, law, legal, husband, wife, civil ceremony
<b><u>Topic 2 Healthy Bodies</u></b>	<b><u>Key Vocabulary</u></b>
2.2.1 Things that keep us healthy	siblings, vaccinations, vaccine, immune, specialist, counsellor, physical health, mental health, survey, tally
2.2.2 Keeping ourselves healthy	survey, tally, results, healthy choices, mindfulness
2.2.3 Keeping healthy, keeping clean	virus, germs
2.2.4 My body, my voice	eyes, hair, ears, nose, mouth, arms, chest, stomach, back, armpits, nipples, feet, legs, bottom, penis, vulva, private parts
<b><u>Topic 3 Feelings Included</u></b>	<b><u>Key Vocabulary</u></b>
2.3.1 An alien welcome!	included, welcome, nervous, anxious, excited
2.3.2 Including everyone	isolated, excluded, left out, lonely, sad, frustrated
2.3.3 We've fallen out!	upset, fall out, argument, resolve, communicate, talk
2.3.4 Important people in history	important, special, inspirational, occupation, facts, rights, included, stereotypes
<b><u>Topic 4 Healthy Minds</u></b>	<b><u>Key Vocabulary</u></b>
2.4.1 Marvellous minds	brain, mind, healthy, physical health, bodies, wellbeing, good mental health, mental ill health
2.4.2 Emotions everywhere!	emotions, feelings, angry, happy, sad, excited, frustrated, anxious, embarrassed, confused, shocked
2.4.3 Screen time and sleep	sleep, screen time, tablets, computers, rest, alert, sleepy, routine
2.4.4 Self-care and relaxation	self-care, emotions, sleep, healthy eating
<b><u>Topic 5 Caring for the Environment and Social Responsibility</u></b>	<b><u>Key Vocabulary</u></b>
2.5.1 I can help make a difference	responsibility, social, society, social responsibility, being of service, positive, negative
2.5.2 I can help make a difference to our world	environment, natural environment, sustainability, pollution, rubbish
2.5.3 Who really lives in my local environment?	local, natural environment, nature conservation, biodiversity, wildlife, species, habitat
2.5.4 I can improve my local environment!	local area, wildlife, attracting

**Year 3**

<b><u>Topic 1 Safety Online</u></b>	<b><u>Key Vocabulary</u></b>
3.1.1 The internet - good bits and bad bits	world wide web, internet, online, dangers, cyber bullying
3.1.2 It's private!	personal information, privacy, private, share
3.1.3 Friends forever!	friendship, virtual, private, online friend, trust, respect
3.1.4 It's playtime!	rating, suitable, appropriate, inappropriate
3.1.5 Safety online - our advice	advice, advise, guidance
<b><u>Topic 2 Celebrating Achievements and Being Resilient</u></b>	<b><u>Key Vocabulary</u></b>
3.2.1 Celebrating achievements	achievement, self-esteem, celebration, proud
3.2.2 Settings goals and having aspirations	goals, aspirations, profession, job, strengths, areas for improvement
3.2.3 Resilience	resilience, difficult, struggle, frustrated, friendship, support, help
3.2.4 A growth mindset	growth mindset, fixed mindset
3.2.5 It's OK to fail!	failure, difficulty, struggle, wellbeing, resilient, growth mindset, connection, active
<b><u>Topic 3 Being Part of a Community</u></b>	<b><u>Key Vocabulary</u></b>
3.3.1 I belong in my class	community, connection, belonging, in common, inclusion
3.3.2 I belong in my family	family, relations, community, belonging, connections
3.3.3 I belong in my community	community, places, name of their town/village/locality, names of different jobs
3.3.4 Kindness in my community	community, act of kindness, voluntary, participation, service
3.3.5 It's everyone's community	community, accessible, activities, inclusive
<b><u>Topic 4 Exercise</u></b>	<b><u>Key Vocabulary</u></b>
3.4.1 What's so good about exercise?	mental health, physical health, active, inactive, healthy, unhealthy
3.4.2 Let's have fun and get fit!	exercise, keep fit, warming up, cooling down
3.4.3 What happens to my body if I don't exercise?	tired, out of breath, gaining weight/obesity, high blood pressure, problems with the heart, stiff and slow, depression, self-care
3.4.4 Getting healthy outdoors	outdoors, countryside, parks, nature
3.4.5 Recognising ill health and asking for help	physical health, mental health, trusted adults
<b><u>Topic 5 Stereotypes</u></b>	<b><u>Key Vocabulary</u></b>
3.5.1 Boys v girls	gender, stereotype, assumptions
3.5.2 Men v women	gender, stereotype, assumptions
3.5.3 Fairy tales with a difference!	challenging stereotypes, assumptions

3.5.4 That's stereotyping!	challenging stereotypes, assumptions, prejudice
3.5.5 Knowing what to say	challenging stereotypes, assumptions, prejudice

<b><u>Topic 6 What I Like</u></b>	<b><u>Key Vocabulary</u></b>
3.6.1 My favourite things	favourite, like, dislike, happy, sad, excited, content, anxious
3.6.2 My values and what's important to me	values, important, anxious, kindness, respect, perseverance, honesty, respect, tally chart
3.6.3 Differences in opinion	debate, disagree, differences in opinion, self-respect, proposers, opposers
3.6.4 I have choices	boundaries, permission, choices, decisions
3.6.5 What to do if I'm worried	uncomfortable, concerns, worried, anxious, support

**Year 4**

<b><u>Topic 1 Nutrition and Dental Health</u></b>	<b><u>Key Vocabulary</u></b>
4.1.1 Healthy food, healthy me!	healthy, diet, balanced diet
4.1.2 Unhealthy choices, unhealthy me!	poor diet, unhealthy, sodium, unsaturated fat, product, grams (g), kilograms (kg)
4.1.3 Chef for the day!	salad, ingredients, method, recipe
4.1.4 Looking after myself	physical illness, location, trusted people
4.1.5 Looking after my teeth	dental health, molars, premolars, incisors, canine teeth, oral hygiene, toothbrush, toothpaste, plaque, tartar, dental floss, dentist
<b><u>Topic 2 Human Rights</u></b>	<b><u>Key Vocabulary</u></b>
4.2.1 Playtime for everyone!	right, responsibility, fair
4.2.2 Our class charter	right, responsibility, fair, privacy
4.2.3 Born free	right, responsibility, need, want
4.2.4 When rights are taken away	equality, freedom, liberty, security, torture, degrading, refugee
4.2.5 Happy, happy, happy!	right, responsibility, kindness, love, joy
<b><u>Topic 3 Emergency Situations</u></b>	<b><u>Key Vocabulary</u></b>
4.3.1 What is an emergency?	emergency, emergency services, police, fire, ambulance, coastguard
4.3.2 First aid	first aid, injury, unconscious, breathing, recovery position, asthma, splinter, fracture, choking
4.3.3 Fire safety	fire, oxygen, accelerant, heat, escape plan
4.3.4 Water safety	coastguard, lifeguard, drowning, life preserve, buoyancy aid, currents
4.3.5 Celebrating our emergency services	celebrate, emergency services, support staff, valuable, front line
<b><u>Topic 4 Respect</u></b>	<b><u>Key Vocabulary</u></b>
4.4.1 A fantastic friend	mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity
4.4.2 I don't like it when...	I-statement, prejudice, discrimination, assertive, word for emotions

4.4.3 When friendships go wrong	I-statement, conflict, resolve, argument, win-win situation, body-language, self-respect
4.4.4 Five fingers	trust, respect, untrustworthy
4.4.5 It's only a joke!	trust, respect, teasing, depression, self-esteem, self-respect
<b><u>Topic 5 Money Matters</u></b>	<b><u>Key Vocabulary</u></b>
4.5.1 What is money?	barter, service, goods, spend, save, influences
4.5.2 How does society manage our money?	society, borrowing, loans, debt, salaries, tax, minimum age, government support
4.5.3 What can I do to make money in the future?	aspirations, gender, stereotypes, skills, assumption, salary, resilience, punctuality, employees
4.5.4 Enterprise project - let's be entrepreneurs!	enterprise, entrepreneurs, business, profit, targets, delegate, management team, marketing team, financial team, sales team, Director, strengths, weaknesses, deadlines
4.5.5 Enterprise project - let's be entrepreneurs!	enterprise, entrepreneurs, business, profit, targets, management team, marketing team, financial team, sales team, Director, strengths, weaknesses, deadlines, delegated
<b><u>Topic 6 Falling Out and Making Up</u></b>	<b><u>Key Vocabulary</u></b>
4.6.1 Why is friendship important?	friendship, common, honest, sharing, funny, equal, safe, happy, hobby, empathy, secure
4.6.2 What makes a good friend?	empathy, kindness, loyalty, trustworthiness, respect, generosity, support, attributes, characteristics, essential, desirable, criteria
4.6.3 Falling out	argument, disagreement, fight, fall out, compromise, empathy, resolve
4.6.4 Feeling left out	excluded, left out, lonely, jealous, confused, insecure, disappointed, strategy
4.6.5 Healthy friendships	unhealthy, healthy, actions, respect, equal, empathy, compassionate, boundaries

**Year 5**

<b><u>Topic 1 Body Image</u></b>	<b><u>Key Vocabulary</u></b>
5.1.1 My awesome body	body image, self-respect, personality, talent, looks, special
5.1.2 Body image through the ages	body image, perfect body, expectations, fashions, trends, renaissance
5.1.3 Images on the internet	body image, perfect body, photoshop, filter, airbrushed, advertising
5.1.4 The big debate	debate, motion, for/against, self-respect, self-esteem, advertising, persuasion
5.1.5 Celebrating our bodies	self-respect, disability, transgender, body image, campaign
<b><u>Topic 2 Bereavement and Loss</u></b>	<b><u>Key Vocabulary</u></b>
5.2.1 Loss	lost, disappeared, upset, sad, angry, disappointed, guilty, disbelieving
5.2.2 Losing someone we love	lost, disappeared, upset, sad, angry, disappointed, guilty, disbelieving, grief, death, bereavement
5.2.3 Celebrating Life	loss, grieving, death, bereavement, celebration, memorial, funeral, nostalgia, humanist
5.2.4 Celebrating life in other cultures	Día de los Muertos, Mexico, celebration, festival, offering

5.2.5 When families change	divorce, separated, custody, family, step-parents/brothers/sisters
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<b><u>Topic 3 Fake News</u></b>	<b><u>Key Vocabulary</u></b>
5.3.1 What is fake news?	fake news, real, fake, fib, lie, truth, headlines
5.3.2 How to spot fake news	critical, reliable, unreliable
5.3.3 Clickbait	clickbait, advertising, persuade, search engine
5.3.4 Advertising	advertising, pop-ups, effective, search engines, gender
5.3.5 Who are you?	social media, deceptive
<b><u>Topic 4 Life In Plastic</u></b>	<b><u>Key Vocabulary</u></b>
What is plastic?	plastic, rubber, properties, hygienic, flexible, strong, opaque, transparent, easily moulded, products, polymers, waterproof
How does plastic affect our planet?	single-use plastic, decompose, recycle, landfill
Making changes	single-use plastic, decompose, recycle, landfill, eco-friendly
Party time!	zero-waste, alternative party, eco-friendly, plastic-free
Reduce, recycle, reuse	reduce, recycle, reuse, alternatives, compost, persuasive, letter
<b><u>Topic 5 Puberty</u></b>	<b><u>Key Vocabulary</u></b>
What is puberty?	hormones, puberty, testicles, womb, vagina, vulva, penis, clean, bacteria, sweat, body odour
Changes in emotions	hormones, puberty, emotions, isolations, embarrassment, anxiety, advice, agony aunt/uncle
Body parts	vagina, vulva, clitoris, ovaries, ova, fallopian tubes, uterus, cervix, penis, testicles, testes, urethra, foreskin, scrotum
The menstrual cycle	menstruation, periods, cycle, tampon, menstrual pad
What happens to boys?	wet dreams, erections, voice breaking, growth
<b><u>Topic 6 Changes In Friendships</u></b>	<b><u>Key Vocabulary</u></b>
What does friendship look like?	friendship, kindness, trust, relationship, empathy, compassionate, generous, generosity
Falling out	emotions, feelings, empathy, arguments, disagreements, ignoring, excluded, communication
Being a bystander	bullying, teasing, bystander, frequent, cyberbullying, responsibility + various emotion words associated with bullying
Who can we trust?	trust, trustworthy, lies, uncomfortable, friendship
Friendships online	acceptable, behaviours, online, anonymous, acrostic, trolling

**Year 6**

<b><u>Topic 1 Drugs and Alcohol Education</u></b>	<b><u>Key Vocabulary</u></b>
What are drugs?	drugs, drug dealer, stranger, caffeine, alcohol
Legal or illegal?	nicotine, heroin, cocaine, marijuana, ketamine, caffeine, alcohol, antibiotics, inhalers, addiction, peer pressure, legal, illegal, dangers, toxic
Why do people take drugs?	peer pressure, feelings, 'fitting in', anxious, worried, scared, excited
Cigarettes and smoking	E-cigarettes, cigarettes, dangers, emphysema, chronic bronchitis, second-hand smoke, addiction
Alcohol	alcohol, legal age, dangers, addiction, peer pressure
<b><u>Topic 2 Sex Education</u></b>	<b><u>Key Vocabulary</u></b>
What is love?	love, relationship, friendship, respect, trust, communication, attraction
Sexual Attraction	attraction, fancy, like, touch, kissing, relationship, pleasure, mutual respect
Consent	consent, permission, peer pressure, family, choice
Conception	sexual intercourse, consent, contraception, heterosexual, penis, erection, vagina
More about babies	pregnancy, foetus, umbilical cord, embryo, fertilisation, conception, egg, sperm, birth, caesarean section, IVF, surrogacy, adoption, labour
<b><u>Topic 3 Mental and Emotional Health</u></b>	<b><u>Key Vocabulary</u></b>
What are emotions?	emotions, feelings, empathy, reactions, strategies + names of various emotions
Mindfulness	mindfulness, present, peace, texture
Self-care	self-care, mental health, relaxation
Sleep	sleep, hormones, blue light, caffeine
Feeling worried	transition, change, isolation, loneliness, worry, anxious, apprehensive, mindset
<b><u>Topic 4 Global Sustainable Development Goals</u></b>	<b><u>Key Vocabulary</u></b>
Our world - what's the damage?	earth, planet, environment, sustainable, sustainability, damage

Global sustainable development goals	sustainable, poverty, equality, sanitation, economic growth, innovation, infrastructure, inequalities, consumption, climate, institutions
To travel or not to travel?	greenhouse effect, consequences, debate, motion
Whats's the good news?	environment, positive, sustainable
What can we do to make the world more sustainable?	sustainability, sustainable, environmental

<b><u>Topic 5 E-Safety and Social Media</u></b>	<b><u>Key Vocabulary</u></b>
The internet - Is it all bad?	progress, technology, Luddites, social media, internet
What's my password?	protect, secure, password, data, characters, personal information, strong/weak passwords
You've won a PRIZE!	phishing, malware, hacked, virus, personal information, identity theft
You're not my friend!	trust, respect, virtual, anonymous, viral
It's personal!	security settings, alarm bells, caution
<b><u>Topic 6 Anti-Social Behaviour and the Role of Police and the Law</u></b>	<b><u>Key Vocabulary</u></b>
Name that crime!	society, crime, anti-social, consequence, protect, against the law
It's my right!	rights, needs, wants, entitled, protection, global, responsibilities
Community matters	community, society, function, emergency services
Controversial issues	issue, controversial, agree, disagree, opinion, view
You are the judge	sentence, custodial, consequence, punishment, justice, extenuating circumstances, anti-social