

Worcestershire Family Hubs Newsletter

WORCESTERSHIRE
FAMILY HUBS 



Family Hub News: Welcome to the Team!

Hello, my name is Lorraine New, and I am a Family Hub Navigator for South Worcestershire Family Hubs.

My role is very varied; I work with families, young people, children and professional partners within the local community. This involves signposting and supporting families with finances e.g. foodbank vouchers, household goods, energy bills etc, childcare funding, uniform, school readiness, budgeting, speech & language, parenting courses and mental health. I will if appropriate, support families help by applying for funding/grants available from Action for Children and Wychavon District Council.



Another of my roles is to deliver Birth & Beyond. This is an all-inclusive ante-natal course for parents to-be, which gives me the opportunity to build relationships and connection with parents who feel that they can contact me with any queries or concerns.

I also deliver Stay, Weigh & Play Sessions for families with 0-2 aged children. These are friendly sessions where babies can be weighed and parents can meet and make new friends and share experiences, whilst receiving advice on infant feeding, routines, sleep, child development and weaning/introduction to solids. It is an opportunity for parents to ask questions without feeling uncomfortable or embarrassed. 'No question is too small or silly.'

Please click on the following link to make a referral:

[Request information or support from your Family Hub - Worcester, Malvern and Wychavon](#)

Free Online Courses

The Solihull Approach online parenting courses are a series of NICE (National Institute for Health & Care Excellence) approved resources for parents and carers who want to learn more about sensitive and effective parenting and building a positive relationship with their child. Parents are also helped to understand how they can influence their relationship with their child through play.

The courses are **FREE** with access code: **PARENTSROCK** at www.inourplace.co.uk for residents in our area. There are courses for parents, carers and grandparents about children from bump to 19+ years on a range of topics including pregnancy, teenagers, relationships and more.



Worcestershire Family Hub Webinar

Come and find out what your local Family Hubs can do to support the families you are working with.

The webinar will be valuable for anyone working in early years, education, youth services, health and social care for children and young people, and the voluntary sector who work in Worcestershire.



To book, please scan the QR Code or visit: <https://www.trybooking.com/uk/FBJZ>

Autumn Term Parenting Courses and Workshops

Our parenting courses and workshops can now be booked directly by using the 'try booking' system. Please note that these courses are for parents and carers only. Scan the QR code or visit www.worcestershire.gov.uk/groups to find courses.



Useful Links & Community Information



Every October, the NHS runs Stoptober, an annual mass participation, stop smoking campaign. It is a great opportunity to promote the range of local and national support available.

Smoke Free Homes: Anyone living with a child under 19 years old in Worcestershire can now get expert support to stop smoking. To sign up to this service email whcnhs.smokefreehomes@nhs.net

Keep In Touch

[Family Hubs South Worcestershire | Worcester | Facebook](#)

- Buttercup Family Hub, Carnforth Drive, Worcester, WR4 9HG
Phone: 01905 955033
- Saffron Family Hub, Stanley Road, Worcester, WR5 1BD
Phone: 01905 767107
- Sunshine Family Hub, Malvern Vale Community Centre,
Swinyard Road, Malvern, WR14 1GU Phone: 01684 577442
- Tudor Way Family Hub, Tudor Way, Dines Green, Worcester, WR2 5QH
Phone: 01905 749149
- WANDS Family Hub, Farmers Way, Droitwich, WR9 9EQ
Phone: 01905 827391